



SPINE & JOINT
NAM KI SE HOSPITAL



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01

Hospital director

Hospital director

Greetings from Dr. Nam ki-Se

Nam Ki-Se Hospital, speciality in spinal and joints endoscopy, was opened in 2014 and has been able to expand well, thanks to the generosity and trust of our patients.

As a doctor, there is nothing greater than to be able to heal patients' illnesses.

We treat patients suffering from spinal and joint diseases through our systematic treatments with sincerity and honesty. It not only gives us the pleasure, but also gives patients joy to be freed from the pain. Our ultimate goal and our promise with the patients at Nam Ki-Se Hospital is to treat patients with sincerity and honesty.

In the meantime, at Nam Ki-Se Hospital, every medical team meets every morning to discuss differentiated services for a high quality care through our dedicated patient care team system.

The medical community currently demands competitiveness and competence in both clinical and research fields as changes in the environment such as aging society and attracting foreign patients are growing rapidly.

At Nam Ki-Se Hospital, we do our best to be the leading hospital in the field of orthopedics; specially in spine and joints. Our mission is to give patients suffering from diseases the joy of full healing and healthy living. We promise the unlimited efforts here at Nam Ki-Se Hospital to provide the best medical services as a patient-oriented hospital for our customers to be fully satisfied.

Thank you



SPINE & JOINT
NAM KI SE
HOSPITAL

Nam ki-Se

Contents

02

About us

About us

Hospital information

| | |
|-------------|--|
| Name | Namkise hospital |
| Open Day | 2014. 11. 10 |
| address | 1133, Cheonho-daero, Gangdong-gu, Seoul, Korea |
| Departments | Orthopedic Surgery / Neurosurgery / Anesthesiology / Radiology / Family Medicine |
| Man power | Doctor 11 people , Nurse People 50, Total of 103people |
| Facilites | 96Wards , 4 floors underground and 10floors above the ground |
| Tel | +82 1577 - 2533 |

About us

Hospital directory



| | |
|---------------|--|
| 10F | Conference Room / Administrative Room |
| 09F | Ward (1,3,4,6,7 persons) |
| 08F | Ward (1,3,4,6,8 persons) |
| 07F | Ward (3,4,6,8 persons) |
| 06F | Ward (3,4,6,8 persons) |
| 05F | Kinesitherapy / Physiotherapy center |
| 04F | radiology department (MRI/CT/X-RAY), Pharmacy, clinical laboratory |
| 03F | Spine center/ joint center / Outpatient Room / Admission |
| 02F | Family medicine / Injection room |
| 01F | Lobby |
| B1F | Operation Room |
| B2F | Restaurant |
| B3~B4F | Parking Lot |

Contents

03

Medical Department and Doctor

profile

Spine center

- Graduated from college of medicine at Seoul National University
- Training of neurosurgeon of college of medicine of Stanford University
- International member of American orthopedic society (AAOS)
- Specialist of American minimally invasive spine surgery (FABMISS)
- Full member of International minimally invasive spine surgery society (ISMISS)

Spine | Shoulder | advanced surgery
lumbar herniated intervertebral disc

stem cell | gene therapy | neuroplasty | knee | joint

Spine surgery
Nam ki-se

Hospital Director



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04

Procedures and surgery

Procedures and surgery

Spine

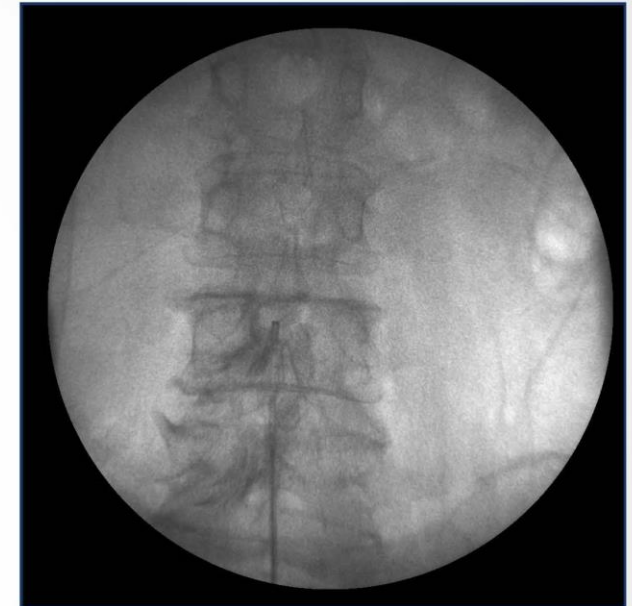
Procedure time

Within 30 minutes

Hospitalization period

If necessary One day

PEN (Percutaneous Epidural Neuroplasty)



Percutaneous epidural neuroplasty (PEN) is a minimally invasive therapy in which a flexible by potential as a useful treatment method in chronic low back and/or radicular pain that is refractory to other conservative treatments. The effect of PEN is known to result from targeting of drug delivery to areas of pathology in the spinal epidural space. The procedure involves removing barriers, such as epidural fibrosis, that prevent drug from reaching target sites.

Procedures and surgery

Spine

Procedure time
30 minutes

Hospitalization period
1nights and 2days

OLD (Open Lumbar Discectomy)



After general anesthesia (or spinal anesthesia), the patient is in a state of lying on his back with 1.5 ~ 2cm skin incision in the lower back and then using a microscopic microscope to enlarge the surgical site 4-4 times to remove some of the nerve-pressing bones and to remove the escaped disc. This is a surgery to prevent nerves from being pressed.

Procedures and surgery

Spine

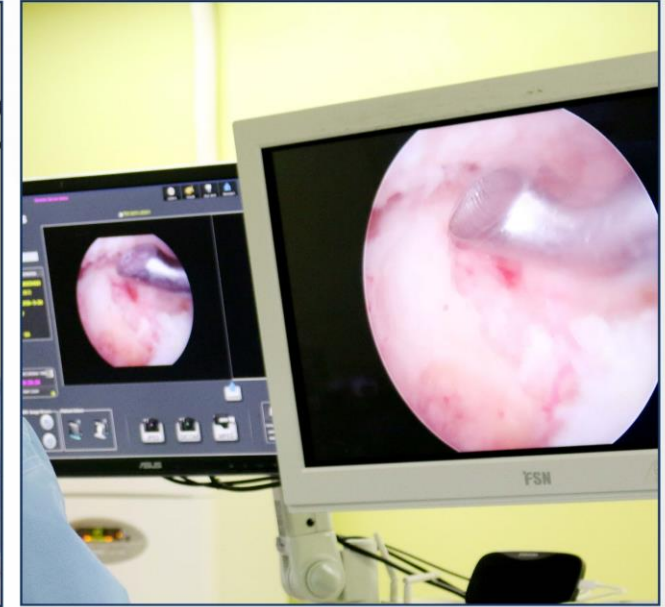
Procedure time

30~ 40 minutes

Hospitalization period

If necessary One day

PELD (Percutaneous Endoscopic Lumbar Discectomy)



Endoscopic surgery (PELD) is a 7mm sized small incision that removes the escaped disc nucleus by using an endoscope that can look into the body and micro special tools. With less than 1cm incision, there is little bleeding and pain during the procedure, and advanced laser equipment is used to ensure disc removal. Because of the partial anesthesia, the burden of anesthesia is low, which is suitable for the elderly and diabetics. Recovery after the procedure is also faster, allowing you to be discharged on the same day, which can greatly save your expenses and time.

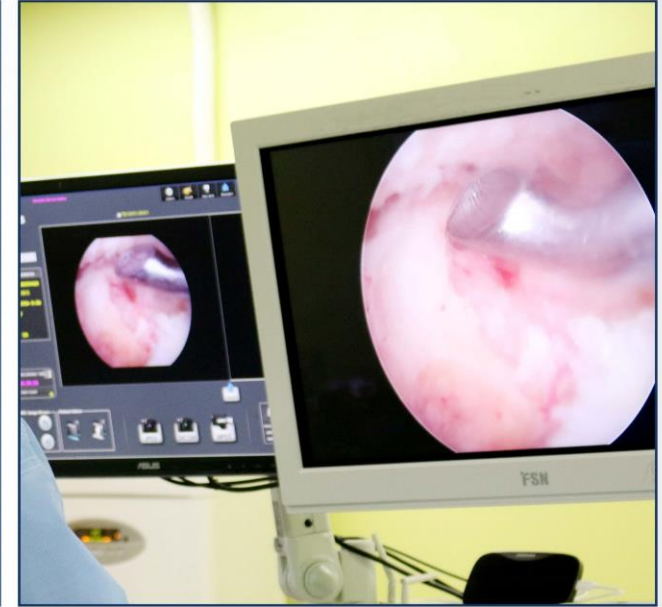
Procedures and surgery

Spine

Procedure time
30 minutes

Hospitalization period
2 nights and 3 days

UBE (Unilateral Biportal Endoscopy)



Two small incisions, as small as nails, can be used to remove only the disease causing the problem by operating an endoscope on one side and surgical instruments on the other.

Procedures and surgery

Spine

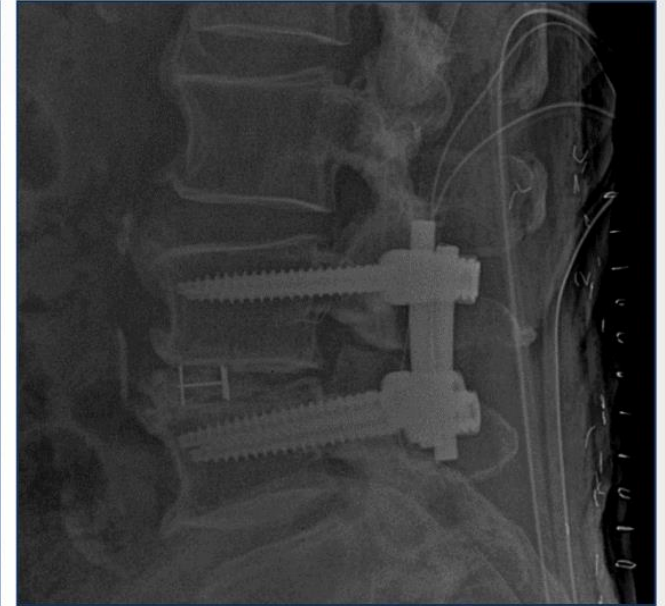
Procedure time

2 hour

Hospitalization period

1~2 week

TLIF (Tranforaminal Lumbar Interbody Fusion)



Transforaminal lumbar interbody fusion is a surgery used to treat disc problems in the low back. Fusion locks together two or more bones to stop painful motion, relieve pinched nerves, and correct scoliosis. Through small, minimally invasive incisions in the back, the disc is removed. A bone graft spacer is placed in the space to restore the height and relieve nerve pinching. During healing, the bones fuse together.

Procedures and surgery

Joint

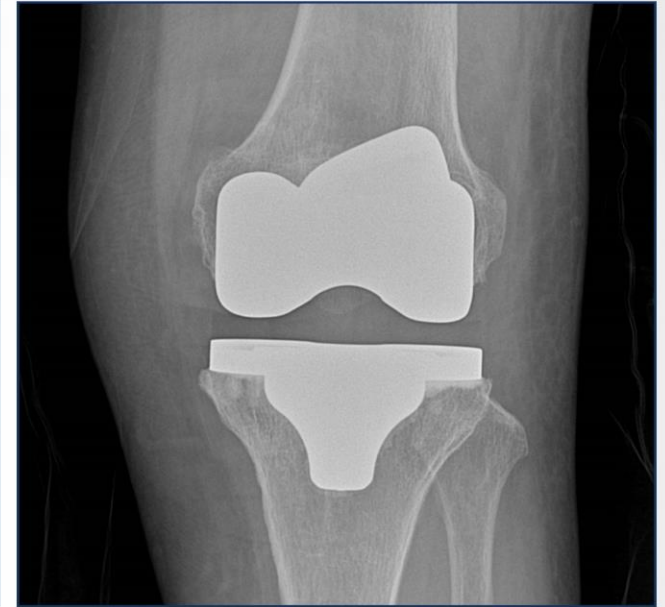
Procedure time

1 hour 30 minutes

Hospitalization period

1~3 week

TKRA (Total Knee Replacement Arthroplasty)



Total knee arthroplasty involves replacing joints with severe arthritis with metal and special plastics. The main purpose of total knee arthroplasty is to make it easier to walk when the joint hurts due to arthritis and not to walk well.

Procedures and surgery

Joint

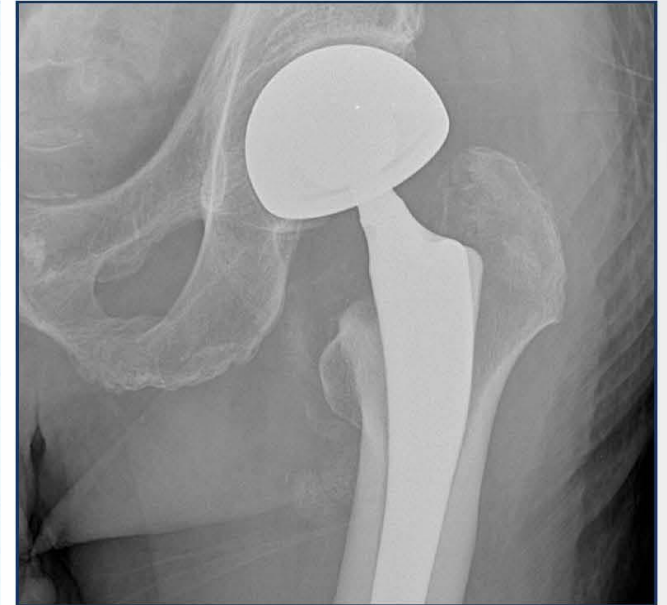
Procedure time

1 hour 30 minutes

Hospitalization period

2 week

THA (Total Hip Arthroplasty)



Total hip arthroplasty is a surgical procedure performed when the structures that make up these hips are destroyed by various causes and fail to function. To do this, the damaged hip structures are removed and replaced with artificial femoral heads and acetabs, which have similar shapes and functions, allowing the hip joints to move after surgery as a normal hip joint.

Procedures and surgery

Joint

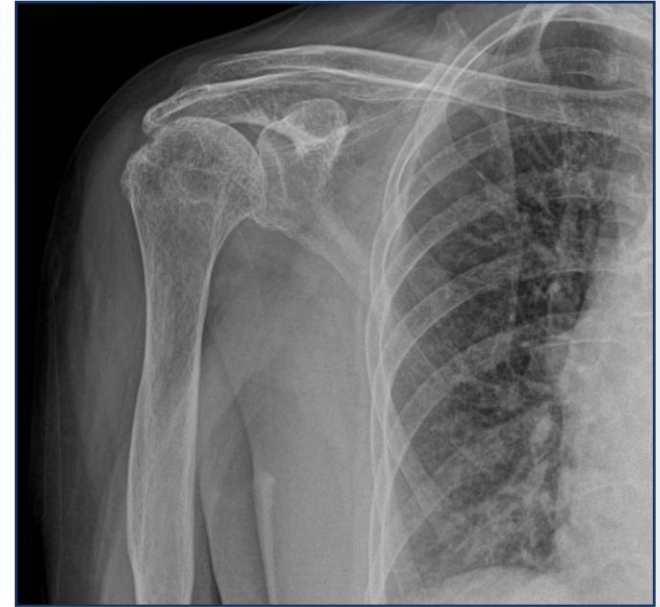
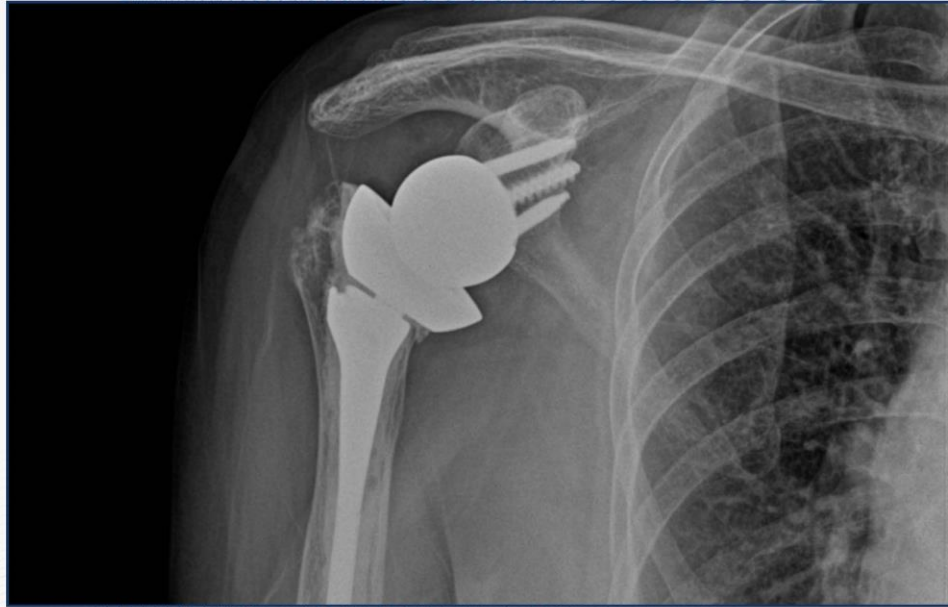
Procedure time

Within 60 minutes

Hospitalization period

7 nights and 8 days

TSA (Total Shoulder Arthroplasty)



It is a surgical method that replaces an existing joint with a lesion with an artificial joint to restore the function of the shoulder joint.

Procedures and surgery

Joint

Brisement

Procedure time

10~ 20 minutes

Hospitalization period

If necessary One day



After performing partial anesthesia a medical practitioner uses a highly skilled technique to loosen the hardened and adherent areas of the shoulder joint.

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Press

Press

MBC 'Dr. Go' (2016. September)



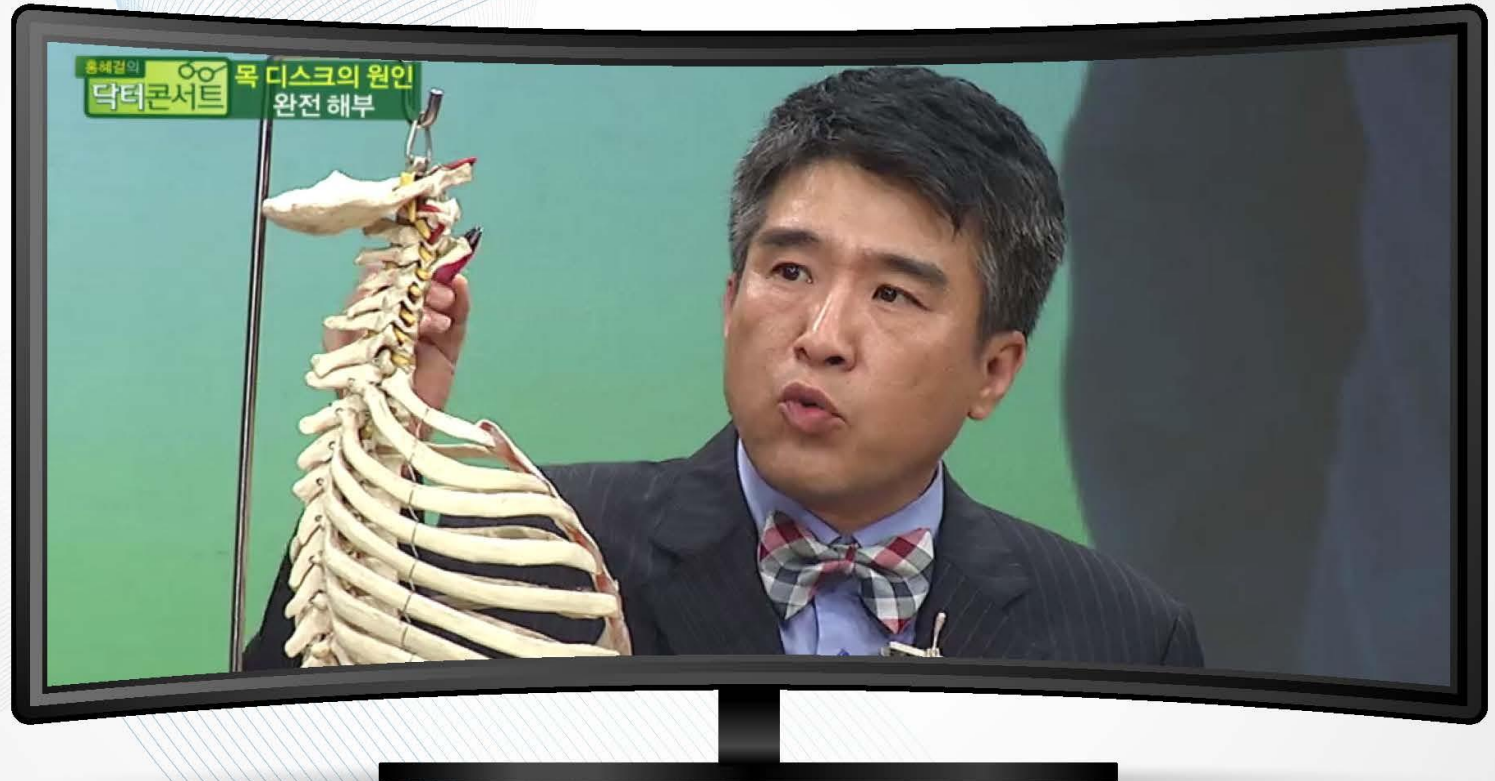
Press

JTBC 'Good day today' (2016. December)



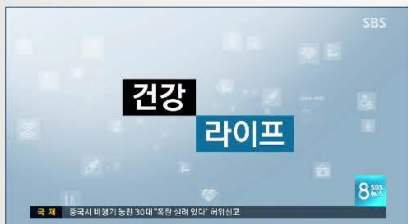
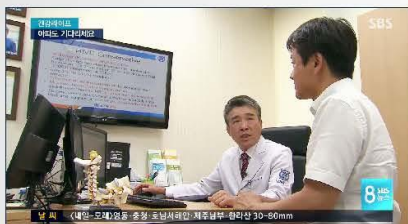
Press

Doctor concert



Press

'SBS 8 o'clock news' (2017. August)



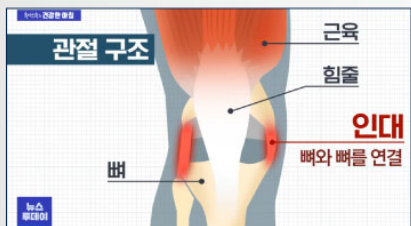
Press

'MBC NEWS TODAY'



Press

MBC NEWS TODAY



Press

JTBC 'Miracle food'



Contents 06

Celebrity visits

Comedian / Actor
Golfer / singer / director
a member of the national team



Nam Ki Se Hospital Celebrity visits

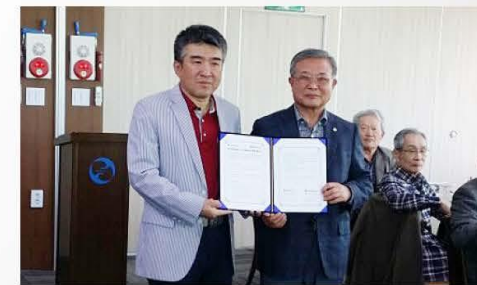
Contents

07

Social contribution activities

Social contribution activities

MOU signed



Social contribution activities

MOU signed



Social contribution activities



- Medical support
- Health Exercise Class
- Sponsorship



SPINE & JOINT
NAM KI SE HOSPITAL

Ready skills, warm heart
Nam Ki Se hospital promises.